Open Access

Indexing

No.	Title	Researcher	Pages
1	Mechanical angle foot during jumping and correct landing method	Imane Talhi Mazin Hadi Kzar Mohammed Asim Ghazi Abeer Dakhil Hatem Vega Soniawan	1 – 7
2	Predicting Performance Outcomes in Fencing Based on Specific Physical and Motor Abilities Among Third-Year Female Students	Nibras Adil Awaj Noor Hatim Al- Haddad	8 – 18
3	Impact of Special Exercises on Developing Motor Balance and Technical Performance in the Discus Throw for Female Students	Muna Jassim Raheem Aseel Jalil Katea Eval Edmizal	19 – 26
4	The Effect of Cardio Exercises on Cholesterol, Low-Density Lipoproteins (LDL), and Body Mass Index in Women Aged 30–35 Years	Shahad Haitham Sheet Israa Fouad Saleh	27 – 33
5	The Impact of a PsychologicalCounselling Program on UnconsciousConflicts and Free Will among Coachesof Selected Athletic Disciplines	Liqaa Abdul Zahra Obeid	34 – 53
6	The Effect of Coordination Exercises forTendonPullingandAnchoringMovement on the Accuracy of ShootingTypes among Archery Players	Farah Alaa Jaafar	54 - 62
7	The Effect of Special Exercises Based on Heart Rate Indicators on Developing Some Functional Indicators and Explosive Strength in Volleyball Players	Ethar Hamdi Abdul Rahman	63 - 70
8	The effect of varying training volumes on developing maximum speed, measuring certain mineral levels in the body, and performance in the men's 100-meter sprint	Fahim Abdul-Wahid Eesa	71 – 78

Published 30/12/2024

2024, Vol.23 No.4

Open Access

	20 30/ 12/ 2024	,	open Access
9	The Impact ofComputer-BasedLearning According to the Practice andTrainingMethod inTeachingSomeOffensive Skills in Foil Fencing	Abdul-Hassan Rahima Mashkoor	79 – 87
10	The Role of Psychological Well-Being in Reducing Competition Stress Among Junior Artistic Gymnasts	Baida'a Tariq Abdul-Wahid Al- Sheikhly	88 - 104
11	AnEvaluativeStudyoftheAdministrativePerformanceofSupervisorsintheSportsActivityDepartments of the General DirectoratesofEducationinBaghdadfromthePerspectiveofPhysicalEducationTeachers	Walaa Ghazi Mohammed Al- Furaiji Huda Abdul-Sameea Abdul-Wahhab	105 – 127
12	Analysis of Explosive Power in the Paddle Stroke of Elite Rowing Athletes in Iraq	Ayad Abdul-Latif Ali	128 – 137
13	The Role of Training Programs for Visiting Supervisors in Enhancing the Performance of Physical Education Teachers: A Resident Supervisor's Perspective in the Schools of Qasaba Amman District	Anas Mohammed Khair Rasheed Kayed	138 – 147
14	Impact of Chia Seed Ingestion and Physical Activity on Insulin Resistance and Triglyceride Levels in Men and Women	Ali Abdulraheem Jabbar Maysaa Jalal Majeed Muataz Fawzi Hussein	148 – 156
15	The Effect of High-Intensity Interval Training (HIIT) on Developing Explosive Power Based on Heart Rate Index Among Young Badminton Players	Ali Mohi Maktouf	157 – 164